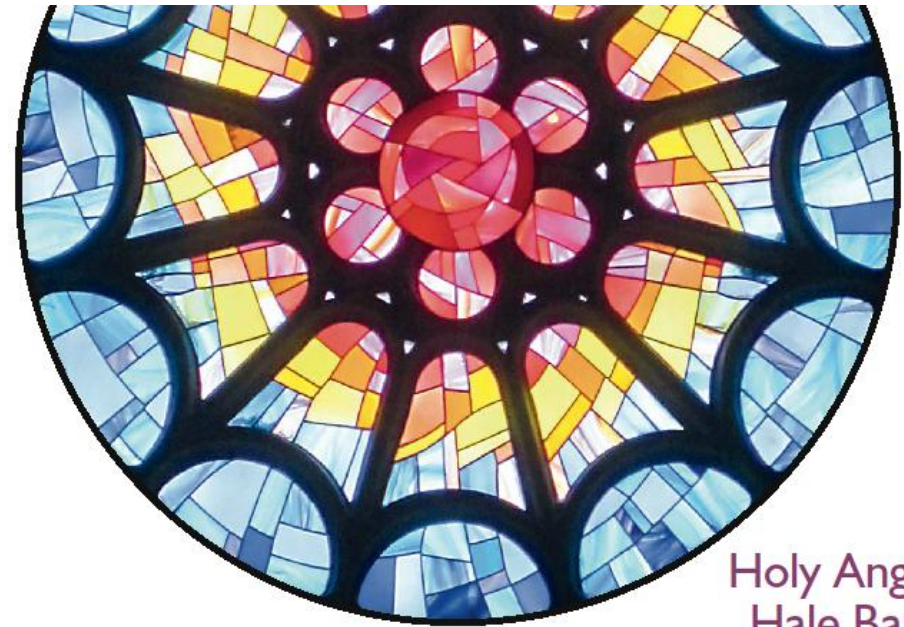


## Prayer & Spiritual Development

### Spiritual Direction.... (What is it?)

'We define Christian spiritual direction as help given by one Christian to another which enables that person to pay attention to God's personal communication to him or her, to respond to this personally communicating God, to grow in intimacy with this God, to live out the consequences of this relationship. The 'focus' is on experience, not ideas, and specifically on religious experience, i.e. any experience of the mysterious Other, whom we call God... experience viewed, not as an isolated event, but as an expression of the ongoing personal relationship God has established with each one of us '

(from *The Practice of Spiritual Direction* William A Barry SJ and William J Connolly SJ)



Holy Angels  
Hale Barns  
50 Year Jubilee

**Leaflets on Prayer and Spiritual Development matters**, Resources, Books, Suggestions, Handouts, help always available: Please contact Mary [mary@nono.org.uk](mailto:mary@nono.org.uk) Tel:0161 980 6776; mobile 07538573621 for a short chat or to make arrangements to have a slightly longer conversation about life and prayer. To request some names of experienced Spiritual Directors or more information about any aspect of this leaflet please contact Fr. Jonathan or Mary Nono



**Retreats**  
**Quiet Days**  
**Evenings of Reflection**  
**Space just to be**  
**Discernment and Decision-making**  
**Spiritual Direction**



### **Jubilee Advent Retreat Evenings**

Tuesday 25 November and Thursday 4 December 7.30- 9pm

**Lent** Times (Days) of recollection tbc..Space to be...Quiet times..mornings & evenings..Stillness & Silence. (keep an eye of the newsletter for information)

### **Jubilee Retreat in Daily Life:**

Week of Accompanied Prayer – opening afternoon Sunday 25 January to closing morning Saturday 31 January 2015 (preceded by attendance at approx. an hour's information/taster session) on either Wednesday 14 January 2pm or Thursday 15 January 7.30pm

### **Reflections on Nostra Aetate:**

#### ***In our time ... 50 years on:***

Tuesday 10 February 2015 7.30 – 9pm

Two interpretations of the same family's story: Jewish Christian relations.

Led by Sister Teresa Brittain NDS  
(Notre Dame de Sion)

## **Prayer and Prayer Groups**

### **ADORATION of the Blessed Sacrament**

after Saturday morning Mass 10.30 – 11.00am

**The Angelus:** Saturdays after Adoration (Fr. Jonathan 0161 980 4784)

### **ROSARY** after daily Mass in the mornings

Before Evening Prayer Wednesdays and Fridays

(Robert & Mary Ashley 0161 980 2058)

### **WOMAN'S HOUR: Praise and Intercession before the Blessed Sacrament**

Most Mondays after Mass (8.15pm) in Blessed Sacrament Chapel

Please check dates with group contact (Emily Duffy 07825 216518)

### **MOTHERS' PRAYERS** in the Meeting Room in Church

Thursdays 2.00-3.00pm Prayers including short time with the Gospel of the day, followed by prayer for our children and grandchildren and all children of the world (Patricia Fehily 0161 928 0594)

### **BETHANY GROUP(Praying with Scripture)**

Thursdays 7.30pm in our homes. Praying with the first reading and Gospel for the following Sunday (Jacqui Loughrey 0161 980 5598)

### **STAY AWAKE PRAYER CIRCLE**

Fridays 9.30 am 31 Delahays Road, Hale. (Mary Nono 0161 980 6776)

An hour's Silent Prayer together and sharing a little of our personal journey

### **THE PRAYER OF THE CHURCH (The Divine Office)**

Daily in The Blessed Sacrament Chapel

15 Minutes before Daily Mass (Val Nicholson 0161 980 6881)